



Highlander Charter School

Athletics Information Sheet

In order to sign-up and be able to participate, the following forms need to be filled out and turned in to Mr. Melo prior to the first tryout/practice.

- Student-Athlete Handbook (Athletic/Parent Contract, Medical Release, Emergency Information are in the Student-Athlete Handbook)
- ***Medical Release – must have proof of physical examination within the past 12 months
- Concussion Form

***All forms and handbook can be downloaded from the Highlander Athletics website.

<http://www.highlandercharter.org/school-life/athletics/>

- SCHEDULING FOR PRACTICES AND GAMES ARE SUBJECT TO CHANGE (Please keep an eye on the Athletics page or any forms going home for any changes)

Please email me at jmelo@highlandercharter.org for any questions.