**Local Resources for Food**

**Central Falls**

BVCAP Emergency Food Center

 402 Dexter St., Central Falls, RI 02863 401-724-7170

 Hours: Mon, Wed, Fri 9:00 – 11:30a; Th 4:00 – 6:30p; closed 1st week of each month

Serves Pawtucket, Central Falls, Cumberland, & Lincoln

 Need- picture ID, proof of income, Social Security card

St. George Episcopal Pantry

 12 Clinton St., Central Falls, RI 02863 401-722-9449

 Hours: Wed, Fri 9:00a – 12:00p

Central Falls Food Pantry at Progresso Latino

 626 Broad St., Central Falls, RI 02863 401-728-5920

 Hours: Mon, Wed, Fri 1:30 – 4:30p, by appointment only

**Pawtucket**

St. Leo the Great Pantry

 697 Central Ave., Pawtucket, RI 02861 401-335-3894

 Hours: Tue, Fri, Sat 10:00 – 11:00a

 Open the last Tuesday, 3rd Friday and 2nd Saturday of each month

First Baptist Church of Pawtucket

 91 Cottage St., Pawtucket, RI 02860 401-725-7225

 Hours: Thu 9:00a – 12:00p; closed the 1st Thursday of the month

 Call for an appointment

Salvation Army of Pawtucket Pantry

 102 High St., Pawtucket, RI 02860 401-723-9533

 Call for an appointment

St. Matthew Trinity Lutheran Food Pantry

 690 Newport Ave., Pawtucket, RI 02861 401-723-5632

 Hours: Thu & Fri 9:00a – 12:00p; 2nd & 4th Sun 11:00a – 12:00p

 Serves Pawtucket and Central Falls

**Providence**

 Amos House

 413 Friendship St., Providence, RI 02907 401-272-0220

 Provides hot breakfast and lunch six days a week

City Meal Site- Cathedral of St. John

 271 N. Main St., Providence, RI 02903 401-225-8483 or 401-331-2590

 Serves meals every Tue 4:00 -5:00p

McAuley House

 622 Elmwood Ave, Providence RI 02907 401-941-9013

 Opens at 8:00a and serves hot breakfast 5 days a week. Serves hot lunch restaurant style 5 days

a week from 11:15a – 1:00p

Project Outreach at Open Table of Christ Methodist Church

 1520 Broad St., Providence, RI 02925 401-941-2212

Distributing food to South Providence and Washington Park residents. Serving South

Providence Thursdays 8:00 – 11:00a and Washington Park Wed 8:00 – 11:00a.

Rhode Island Community Food Bank

 200 Niantic Ave., Providence, RI 02907 401-942-6325

 Hours: Mon – Fri 8:00a – 5:00p

Blessed Sacrament Food Pantry

 275 Manton Ave., Providence, RI 02909 401-497-6204

 Hours: Mon – Fri 10:00a – 1:00p

Located in the basement of the old St. Teresa of Avita Church; for residents of 02909

Silver Lake Community Center

 529 Plainfield St., Providence, RI 02909 401-944-8300

 Hours: Mon, Tue, Thu 8:30a – 5:00p (closed 1 – 2p for lunch); Wed 8:30a – 1:00p

Salvation Army of Providence Pantry

 386 Broad St., Providence, RI 02907 401-831-1119

 Hours: Tue & Thu 8:00a – 4:00p, (closed 12-1) by appointment only

Nickerson Community Center Pantry

 133 Delaine St., Providence, RI 02909 401-351-2241

 Hours: Thu & Fri 9:00a – 12:00p

 Can also receive clothing assistance

Mt. Hope Neighborhood Association

 199 Camp St., Providence, RI 02906 401-521-8830

 Hours: Mon, Wed, & Fri 9:00a – 3:00p, by appointment only

Iglesia El Refugio

 540 Manton Ave., Providence, RI 02909 401-270-3323

 Hours: Tue & Sat 11:00a – 2:00p

 May come every week

Federal Hill House Pantry

 9 Courtland St., Providence, RI 02909 401-421-4722

 Hours: Mon 10:00a – 3:00p; Wed & Fri 10:00a – 4:00p

 By appointment only, clients can come twice a month

South Providence Neighborhood Ministries

 747 Broad St., Providence, RI 02907 401-461-7509

 Hours: Mon 10:00a – 12:00p; Tue 11:00a – 1:00p & 4:00 – 6:00p; Wed & Thu 11:00a –

1:00p; Fri open starting at 11:00a until food is gone

 Serves residents of 02905 and 02907 zip codes, clients can come each week, emergency food is

available for walk ins, health and beauty items are also available

 Fridays are “Free Fridays”- food is handed out starting at 11:00a this is open to all

Capital City Community Center

 100 Ruggles St., Providence, RI 02908 401-455-3880

 Hours: Mon, Tue, Fri 9:00a – 12:00p; Wed 10:30a – 4:00p; Thu 9:00a – 4:00p

 Appointments preferred

\* Additional Resources available at [www.rifoodbank.org](http://www.rifoodbank.org)

**SNAP Offices and Application Assistance**

Pawtucket DHS

 24 Commerce St., Pawtucket, RI 02860 401-721-6600 or

 Serves: Barrington, Bristol, Central Falls, 1-800-984-8989

 East Providence, Pawtucket, & Warren

Providence Regional Family Center

 206 Elmwood Ave., Providence, RI 02907 401-415-8200

 Serves: Providence, Cranston, Johnston, Scituate

**Local Resources for Housing Assistance and Shelters**

Comprehensive Community Action Program (CCAP)

 311 Doric Ave., Cranston, RI 401-467-9610

 Provides affordable housing and financial assistance for families facing eviction and foreclosure, along

with emergency food and shelter

Dorcas Center

 220 Elmwood Ave., Providence, RI 401-273-8866

 Provides housing assistance and basic needs to immigrant and refugee populations

Diocese of Providence

 1 Cathedral Square, Providence, RI 401-278-4500

 Provides assistance in obtaining affordable housing and access to shelters

Family Resources Community Action

 245 Main St., Woonsocket, RI 401-766-0900

 Provides transitional housing and permanent supportive housing programs.

HUD – Providence

 121 South Main St., Providence, RI 401-277-8300

McAuley House

622 Elmwood Ave, Providence RI 02907 401-941-9013

Emergency assistance, rental and housing assistance

Providence Housing Authority

 100 Broad St., Providence, RI 401-741-6400

RI Housing Authority

 44 Washington St., Providence, RI 401-457-1234

RI Coalition for the Homeless

 1070 Main St., Pawtucket, RI 401-721-5685

**Shelters**

Advent House

 589 Cranston St., #1, Providence, RI 401-273-8946

 Provides transitional and supportive housing to families.

Amos House

 413 Friendship St., Providence, RI 401-272-0220

 Provides emergency shelter, 90 transitional housing, supportive housing, and housing referral assistance

to adult men and women.

Blackstone Valley Advocacy Center

 259 Central St., Central Falls, RI 401-723-3057

 Provides emergency shelter, safe home and transitional housing to women and children. This is a

domestic violence agency.

Crossroads, RI

 160 Broad St., Providence, RI 401-521-2255

 Provides emergency shelter, transitional housing, and permanent supportive housing to RI

residents. Also runs a family shelter

Harrington Hall House of Hope

 30 Howard Ave., Cranston, RI 401-463-3324

Emergency housing for adult men

Interim House

 49 Trenton St., Providence, RI 401-831-4570

 Emergency shelter for families

McAuley Village (McAuley Ministries)

 325 Niagara St., Providence, RI 401-467-3630

 Transitional housing for women and children. McAuley house offers warm meals and a place to go

during the day, along with rental and affordable housing assistance

New Hope for Families

 249 Roosevelt St., Pawtucket, RI 401-728-8490

 Transitional housing for families with children

Nickerson House Gateway

 133 Delaine St., Providence, RI 401-351-2241

 Transitional housing for male Veterans

People to End Homelessness

 33 Chestnut Ave., Providence, RI 401-276-4000

 Transitional housing for males

Providence Rescue Mission

 627 Cranston St., Providence, RI 401-274-8861

 Emergency shelter for adult men and women

RI Family Shelter

 165 Beach Ave., Warwick, RI 401-739-8584

 Emergency shelter for families

Tanner House Shelter Services

 32 Tanner St., Providence, RI 401-454-8827

 Transitional housing for adult men and women

Sojourner House

 386 Smith St., Providence, RI 401-765-3232

 Provides emergency shelter, safe home shelter and residential services to women and children of

domestic violence

Urban League

 246 Prairie Ave., Providence, RI 401-351-5000

 Emergency shelter for adult men

Women’s Center of RI

 Providence, RI 401-861-2760

 Emergency shelter for women and children of domestic violence

Woonsocket Shelter

 176 Sayles St., Woonsocket, RI 401-767-0866

 Emergency shelter for families

**Local Resources for Utility Assistance**

Blackstone Valley Community Action Program (BVCAP)

 32 Goff St., Pawtucket, RI 401-723-4520

 Provides heating assistance through LIHEAP and WAP to residents of the Blackstone Valley, including

Pawtucket and Central Falls

Citizens Energy Oil Heat Program 1-877-JOE-4-OIL (563-4645)

 Joe 4 Oil program that provides oil heating assistance to those who qualify

Comprehensive Community Action Program (CCAP)

 311 Doric Ave., Cranston, RI 401-467-9610

 Home heating and weatherization assistance

Good Neighbor Energy Fund 401-490-0240 or 401-831-1119

 Provides temporary heating assistance through the Salvation Army. This includes oil, gas/electric,

propane and wood.

Keep the Heat on (Arch Diocese of Providence) 401-421-7833 x207

 Provides heating assistance for customers who have already utilized other available assistance sources

National Grid- Low Income Assistance

 Electric Assistance 1-800-322-3232

 Gas Assistance 1-800-870-1664

Providence Community Action Program (ProCAP)

 518 Hartford Ave., Providence, RI 401-273-2000

 Provides heating assistance through LIHEAP and WAP to residents of Providence

RI SEO Emergency Fuel Program 401-574-9003

 Available to individuals who are not receiving other assistance and their fuel tank is empty or close to

empty

Tri-Town Community Action Center

 1126 Hartford Ave., Johnston, RI 401-351-2750

 Provides fuel assistance, furniture bank referrals, and weatherization assistance

\*LIHEAP = low income home energy assistance program

\*WAP = Weatherization assistance program

**Local Resources for Employment Training and Assistance**

Amos House

 413 Friendship St., Providence, RI 401-272-0220

 Provides workforce and literacy training along with employment assistance.

Crossroads, RI

 160 Broad St., Providence, RI 401-521-2255

 Provides pre-employment training, along with educational and vocational training

Comprehensive Community Action Program (CCAP)

 Provides education and job training

 Providence Skills Center – 31 Providence Place, Providence, RI (mall) 401-437-8885

 Cranston Skills Center – 656 Park Ave., Cranston, RI 401-562-8326

 Pawtucket Youth Center – 172 Exchange St., Pawtucket, RI 401- 305-5919

Dorcas Center

 220 Elmwood Ave., Providence, RI 401-273-8866

 Provides job training and free work appropriate clothing

EmployRI- NetWORK RI

 1 Reservoir Ave., Providence, RI 401-462-8900

 Provides job and career resources, resume assistance, eligibility screenings, workshops and

unemployment assistance

Family Resources Community Action

 245 Main St., Woonsocket, RI 401-766-0900

Mt. Hope Neighborhood Association

199 Camp St., Providence, RI 02906 401-521-8830

Provides employment prep and job transition counseling

RI Works (through DHS) 401-462-5300

 Provides job seekers with cash assistance, health care, child care assistance, job finding, work training,

food assistance, and transportation

Tri-Town Community Action Center

 1126 Hartford Ave., Johnston, RI 401-351-2750

**Local Resources for Counseling and Medical Services**

**Bereavement Support Groups (adolscents and children)**

 The Philip Hulitar Inpatient Center

 1085 N. Main St., Providence, RI 401-351-5570

 Home and Hospice Care of RI

 1085 N. Main St., Providence, RI 401-415-4300

 Friend’s Way

 765 West Shore Rd., Warwick, RI 401-921-0980

 Open ended groups for children ages 3-19 and their families after the death of a loved one

**Support Groups**

Blackstone Valley Advocacy Center

 259 Central St., Central Falls, RI 401-723-3057

Comprehensive Community Action Program (CCAP)

 311 Doric Ave., Cranston, RI 401-467-9610

Day One

 100 Medway St., Providence, RI 401-421-4100

 RI Parent Information Network (RIPIN)

 1210 Pontiac Ave., Cranston, RI 401-270-0101

Sojourner House

 386 Smith St., Providence, RI 401-765-3232

Medical/Dental

Clinica Esperanza

 60 Valley St, Unit #5, Providence, RI 02909 401-347-9093

 Provides free medical care to uninsured adults living in RI, offering culturally sensitive services

from staff who speak Spanish, French, Arabic, Creole, and Italian.

 Regular clinic is run by appointment Mon, Tue, Thu 3:00 – 8:00 and Sat 9:00a – 3:00p

 Cheer Walk in Clinic provides care for non-urgent health problems Mon-Fri 2:00 – 7:00p

Crossroads, RI

 160 Broad St., Providence, RI 401-521-2255

 Health and Dental clinics

Comprehensive Community Action Program (CCAP)

 311 Doric Ave., Cranston, RI 401-467-9610

 Family medicine, food & nutrition, dentistry, comprehensive screenings and medical services

Family Health Services of Cranston

 1090 Cranston St., Cranston, RI Dental: 401-942-4867

 Medical: 401-943-1981

Providence Community Health Center

 375 Allens Ave., Providence, RI 401-444-0400

 Provides a wide range of medical and dental services at various locations throughout

Providence. More information available at <http://providencechc.org>

Tri-Town Community Action Center

 1126 Hartford Ave., Johnston, RI 401-351-2750

 Primary health care, dental health, behavioral health

**Local Resources for Advocacy and Legal Needs**

Blackstone Valley Advocacy Center

 259 Central St., Central Falls, RI 401-723-3057

 Law enforcement advocate program, criminal proceeding support, protective order assistance, advocacy

assistance for domestic violence victims and survivors

Crossroads, RI

 160 Broad St., Providence, RI 401-521-2255

George A. Wiley Center

 32 East Ave., Pawtucket, RI 401-728-5555

 Utility and food advocacy in addition to social justice

McAuley Ministries

 622 Elmwood Ave., Providence, RI 401-941-9013

Sojourner House

 386 Smith St., Providence, RI 401-765-3232

 Provides domestic violence advocacy and resources and runs a Latina advocacy program

Advocates in Action

 25 Esten St., Pawtucket, RI 877-532-5543

Day One

 100 Medway St., Providence, RI 401-421-4100

 Legal advocacy for victims of sexual assault and domestic violence

RI Legal Services

 56 Pine St, 4th Floor, Providence, RI 401-274-2652

 Housing law center, low income taxpayer clinic, consumer law group, family court assistance, public

benefits unit

RI Bar Association- Lawyer Referral Service and Reduced Fee Program

 115 Cedar St., Providence, RI 401-421-5740

 Reduced fee of $25 and a half hour consultation for free

Created by Justine Kinoian, MSW Intern from Rhode Island College and Dehlia McCarthy, MS School Psychologist at Highlander Charter School.