

Hi Families,

We are gearing up for our **free** annual **flu clinic** which will be held on **Monday, October 17, 2016** from **9:45-11:45am** right here at Highlander Charter School in Warren! Injections will be administered by The Wellness Company.

This year the Wellness Company **will not** be giving the **flu mist** so please let your child be aware that the injection (shot) is the only vaccination available. Studies have found that the mist does not protect against the flu as well as the injection.

Influenza is a contagious disease that can strike suddenly and cause various symptoms such as fever/chills, sore throat, muscle aches, fatigue, cough, headache, and a runny or stuffy nose. **The best way to protect ourselves from the flu is to get the flu shot!**

Reminder: If your child does have a fever over 100 the night before school or in the morning, please keep him/her home until he or she is fever free for 24hrs without use of medication.

If you are interested in your child receiving the flu shot at school please fill out the consent forms on line at www.thewellcomp.com/school

I will also be sending hard copies of the consent form home shortly in case you would rather register on paper. Please return to the completed consent form to me, Lisa, School Nurse.

If your child receives the flu shot from his or her doctor, please ask the doctor for a copy of an updated immunization record so I can update your child's school health record.

Should you have any questions regarding the flu clinic, feel free to call me at [401-247-3585](tel:401-247-3585).

Thank you
Lisa Schwartz, RN
School Nurse